

>>> NEWSLETTER <<<

SAVE THE PLANET

Sadhu Vaswani Center Atlanta, Inc.



TOP NEWS OF SPRING 2024

THE LAW OF RETURN

By Sadhu T. L. Vaswani

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The physical body is a vehicle of the Atman (Spirit). To express the Atman, the vehicle must be a fitting one. In obedience to the Law of Return (Karma), 'the pain I inflict upon another will come back to me, and the happiness I give to another will vibrate back to me, adding to my happiness.'

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While air and water are available to us in the natural state, food is selected, prepared and eaten by our own choice. My appeal to you is: make the right choice for your food practices! Medical experts and nutritionists have largely inclined to the opinion that a vegetarian diet is the best option for good health. It is my firm belief that the food of non-violence is the diet of the new age; vegetarianism is the way of life.



MAKE THE RIGHT CHOICE

By Rev. Dada J.P. Vaswani

GLOBAL PLANT BASED TREATY

SAFE AND JUST: VEGAN DONUT ECONOMICS

➤➤➤ JOIN THE MOVEMENT

In September 2021, the City of Boynton Beach, Florida, became the first municipality worldwide to endorse the Plant Based Treaty. This was later followed in October 2022 by Los Angeles passing a resolution to endorse the treaty. In February 2023, Amsterdam became the first EU capital city to endorse the call for a Plant Based Treaty in response to the climate emergency.



➤➤➤ READ MORE ABOUT THE TREATY HERE:



MINDFUL ACTIONS FOR CLIMATE CHANGE SYMPOSIUM

Event Details:

Tuesday, April 16, 2024, 8:45 a.m. to 4:30 p.m.

Please register by end of day on April 14th!

www.mindfulpublichealth.org



SPRING TIME FUN

>>> RAMA PERVADES THE KITCHEN

I saw the Lord in the flour,
And I found God in the vegetables:
For Rama Pervades The Kitchen!

I found Mohan Murari in the match-box,
And the incarnate Christ in the fuel wood:
For Rama Pervades The Kitchen!

Seated on the hot pan,
I found the beloved Gobind:
And from the fire comes forth unique love!
For Rama Pervades The Kitchen!

Sing the praises of the Lord,
says Nuri Nimani:
And partake of the food
at the door of the saints:
For Rama Pervades The Kitchen!

Source: Nuri Granth
Page Vol2 page 1946/ 1947
English translation by H. T. Sadhwani

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COW SEVA

On April 7th, 2024, SVC
Atlanta Youth Seva group
visited a cow sanctuary in
Lilburn, Georgia and fed the
cows (and donkey friends)
fruits and vegetables. Our
little brothers and sisters were
thrilled to receive the treats!

